

# Finding Your S.H.A.P.E

The following survey is a simple way to help you identify what your S.H.A.P.E. is. SHAPE is an acronym built around five basic ideas of how God has created all of us. The five categories include- **S**piritual Gifts, **H**eart, **A**bilities, **P**ersonality, and **E**xperience. God has given all of us at least one Gift. It is his promise to us. We all have a heart for something. As you may already know, being from Hawaii, I have a huge heart and passion for surfing. I enjoy it. And I discovered that this passion I have for surfing has also enabled me to gain ability in doing it. But I also have a weird ability in Art. I am very artistic. And to know your personality will also help you identify where you can be best used by God in his vast world of service. Lastly, knowing your own spiritual journey, your own life experiences will give you insight as to how God can use you. Example, if you suffered the lost of a pet (experience) and God has given you the gift of mercy you may be just the person he is calling to show compassion to a fellow believer who is in need of love during the lost of their pet. By knowing your SHAPE, you can know how to serve God best!! So enjoy this survey as you discover your place in the family!!

## Spiritual Gifts

“...Each one has his own gift from God; one has this gift, another has that.”  
(1 Corinthians 7:7)

Spiritual Gifts I believe I have: (see below)

1.

2.

3.

I feel I may have these gifts because:

1.

2.

3.

Spiritual gifts that COMMUNICATE God’s Word:

Preaching    Evangelism    Apostle    Missions    Leadership

Spiritual gifts that EDUCATE God’s People:

Reaching    Encouragement (Exhortation)    Wisdom    Knowledge

Spiritual gifts that DEMONSTRATE God’s Love:

Serving    Hospitality    Mercy    Pastoring    Giving  
Faith    Helping    Administering

Spiritual gifts that CELEBRATE God’s Presence:

Healing    Miracles    Tongues    Interpretation of Tongues    Prophecy

## Hear t

“God has put it into their hearts to accomplish his purpose...”  
(Revelation 17:17)

“Delight yourself in the Lord and he will give you the desires of your heart.”  
(Psalm 37:4)

**List some things you’re good at and love doing:**

1.

2.

3.

**People compliment me when:**

## Abilities

“There are different abilities to perform service...”

(1 Corinthians 12:6)

**The following are my strongest abilities:**

1.

2.

3.

**Other skills and/or abilities I’m learning and/or working on are:**

1.

2.

3.

**A few examples include:**

Drama, writing, speaking, artistic, photography, video, counseling, fixing, designing, computers, accounting, music, memory, tutoring/explaining, athletics, etc.



## Experience

“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”  
(Romans 8:28)

**My spiritual experience is (or how I became a Christian):**

**Some painful experiences that I've had:**

**A past experience I've learned from is:**

### **S.H.A.P.E.**

**If I could design a specific way to serve God around my personal SHAPE, and I knew I couldn't fail, it might be:**