

## Married More Than 20 Years? Strengthen Your Marriage With Couples Class

By: Pam Mettler, Director of Adult Ministries & Volunteer Services

January signals new beginnings. New year...new you! No matter what new year's resolutions you've made, or not, make it a point to refresh and strengthen your marriage with a couples class designed for those married 20 years or more.

Learn how you can use five different ways of communicating with your spouse, as defined by Dr. Gary Chapman, popular counselor and author. Chapman's book, *The Five Love Languages*, is becoming a "classic" for marriage classes all over the world. Over five million copies of this popular book have been sold and the book has been translated into 36 different languages. That's *amour'e!*

Book chapters explore what happens to love after the wedding, how to keep the "love tank" full, falling in love, the five love languages involving words of affirmation, quality time, receiving gifts, acts of service and physical touch. All class participants will have a study guide, to go along with the course. Books can be purchased from the facilitators at the first class session.

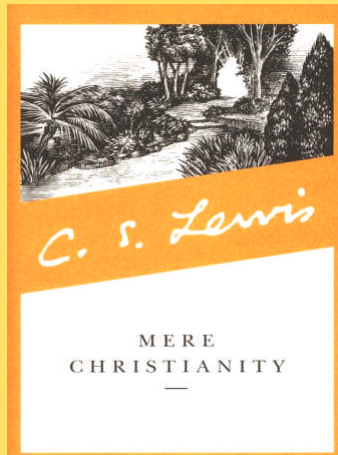
Start the new year right by learning about *The Five Love Languages*. Classes are held Sunday mornings after the first worship service, at 9:30 a.m. and run for 1 hour. Meet facilitators Val and Paul Martin in Ryder Lounge with other class participants and enjoy not only the book but laughs and discussions as you build up your marriage relationship. Register on the Adult Education board or email the Martin's at: [pmm1982@charter.net](mailto:pmm1982@charter.net).

### Class Sessions:

- January 15, 22, 29
- February 5, 12, 19, 26

**Start the New Year With an Adult Book Discussion Group Around A 20th Century “Intellectual Giant” ? C.S. Lewis and *Mere Christianity***

**By: Pam Mettler, Director of Adult Ministries and Volunteer Services**



**C.S. Lewis, 1898-1963**

**As you begin this bright new year, we invite you to join the adult book discussion group to read and share your views on *Mere Christianity* by celebrated and distinguished author C.S. Lewis. See religion with “fresh eyes” as you read and discuss a powerful, rational case for the Christian faith, drawing from Lewis’s perspective.**

**Known as a lay theologian and touted as “one of the most influential Christian apologists of his time,” Lewis grew up in Belfast, Ireland. He attended Oxford University during World War II, and it was his adaptation of a series of BBC radio talks delivered from 1941-1944 that would form the basis of the book, *Mere Christianity*.**

**A book review on [wikipedia.org](http://wikipedia.org) gives a cogent explanation of the thesis: “Lewis spends most of his defense of the Christian faith on an argument from morality, a point which persuaded him from atheism to Christianity.”**

**The discussion group begins on Sunday, January 8, 2012 at 11:30 a.m. (after second worship service) in Ryder Lounge. Facilitator: Dan Duncan, Senior Pastor. Please pre-register on the class sheet provided outside the Adult Education Office.**

**Happy New Year, to you and yours!**